

Health Committee

The Health Committee is a group of members of our church who support the Parish Nurse and help her to carry out her Ministry.

- Diane Woodruff (Chair)
- Coralee Vass (Secretary)
- Louise Ferren
- David May
- Carol Parnell
- Julie Plummer
- Shirley Post
- Nancy Warren
- Rev. Dr. Bob Root (ad hoc)
- Janice Ross, RN, MN (ad hoc)

We are in partnership with
InterChurch Ministries



Mark Street United Church
90 Hunter Street East
Peterborough, ON K9H 1G5

Phone: 705-742-2682
Fax: 705-742-2706
Email: jrossmsuc@gmail.com

The time and materials used to produce this brochure were
donated

Mark Street United Church Parish Nursing Ministry

Mind, Body and Spirit

Parish Nurse Candidate
Janice Ross, RN, MN



*So then while we have the
opportunity let us do good to
all people.
Galatians 6:10a*

What is Parish Nursing Ministry?

A health ministry of faith communities which emphasizes the wholeness of body, mind and spirit. The ministry is based upon the belief that a faith community is a place of health and healing and has role in promoting wholeness through the integration of faith and health.

The Mark Street United Church parish nurse will serve as a member of the church's ministry team providing health ministry services to the congregation through individual counseling and group education; linking congregational needs to community health resources.

Parish Nursing Programming

- Blood Pressure Screening
- CPR and Basic First Aid
- Health Promotion and Education



Who is the Parish Nurse Candidate?



I began attending Mark St. with my grandmother when I was a teenager. I was married at Mark St. and my three children were baptized and attended Sunday School here.

I graduated from the Diploma Nursing Program at Fleming College in 1986. I went back to school and obtained my post-RN BScN in 2005 at Ryerson University and completed a Master of Nursing degree from Ryerson in 2008. I have my Emergency Nursing certification from the Canadian Nurses' Association as well as being certified through Heart and Stroke to teach Advanced Cardiac Life Support (ACLS).

I began my nursing career at St Joseph's Hospital on Armour Rd working for 10 years on surgery and medicine. When St. Joe's and Peterborough Civic Hospital amalgamated I transferred to the Emergency Department at the newly named Peterborough Regional Health Centre.

In 2007 I changed positions at PRHC and became a Clinical Nurse Educator in the Emergency Department and in 2011 moved over to the ICU. I also teach ACLS for Sunnybrook Hospital and Humber College.

I am currently enrolled in the Parish Nurse Education program provided by InterChurch Health Ministries at Emmanuel College at the University of Toronto as the candidate for Mark St. United Church. Classes occur in the fall and clinical time takes place over the winter where I act as the Parish Nurse for Mark Street.

Call the Parish Nurse if You...

- Do not understand something your doctor has told you
- Have questions about a medical diagnosis
- You or a family member is sick
- Are dealing with loss of health (i.e., hearing or vision loss)
- Live with a chronic health issue
- Want to discuss moving to a retirement home or long-term care facility
- Need support for a healthy lifestyle change (i.e., smoking cessation)
- Need caregiver support
- Are uncertain regarding how to connect with community resources (i.e., home care, addiction services, or counselling)

All communication with the

Parish Nurse is confidential.